

Blessing and Clearing Your Home

Now that you have received many of the outcomes and changes that you desire in your life, when you return to your home, you have changed energetically during your time away and your home environment has not. To effect a change on the environmental level so that your environment changes to your new vibration rather than you changing to match the vibration of the old environment, here is a suggested way of clearing the energy from your home upon your arrival.

Open one of the portals (doors) from your home to the outside world. Go to each of the remaining portals one at a time. With your intent, clear the environment of any old energy that no longer serves you or your highest purpose. You can use smudge to clean the energy. Smudge is the burning of sage, herbs or incense. It is believed that the smoke will carry the energy to the heavens so that the energy can be transmuted into its highest vibration level. You may also clean the environment with your intent. Simply by focusing on and moving any and all energy from your home, through the open portal, and ask that the energy be transformed into its highest level of love.



Once you have moved all the old energy from your home it is time to seal the portals. I use sea salt to protect the portals of my house so that nothing can cross the portals that does not serve my highest purpose and intent. I take a pinch of salt in my hand and raise it into the air. I sprinkle the salt across the open doorway as I say the following: I ask that this salt seal the portals so that which crosses the portal does so in service of highest purpose or highest good of all who live, visit or reside inside the home.

Repeat with all portals or doorways in the home. Remember the garage door!

MayPeace Prevail upon Earth!

May Peace Prevail in our Homes and Communities!

- Sea salt is a natural energetic cleansing mineral that can be used to cleanse most energetically charged items.
- Use the smoke from smudge to clean the energy from the body that no longer serves your highest purpose or intent.
- Aroma therapy oils make a great smudge. Add oil to your bath to energetically clean the body.

Clean and bless your vehicles also!